

Northwest Colorado Health

Physical Therapy Assistant

General Statement of Duties:

Performs physical therapy and conducts case management under the direction of a licensed physical therapist.

Supervision Received:

Works under the general supervision and direction of the Physical Therapy Team Leader or designated licensed Physical Therapist.

Supervision Exercised:

None.

Essential Functions:

1. Provides consistently high quality care to patients.

- Provides therapeutic exercise as needed
- Maintains and enhances therapy skills as needed
- Relates to family and physician as needed after convening with physical therapist
- Maintains a professional demeanor and customer service orientation to clients, peers, and physicians

The procedures required by the therapist may include (but are limited to):

- Ultrasound treatment
- Application of heat and cold
- Massage
- Gait training
- Muscle stimulation
- Assistance and training in cardio-pulmonary exercise
- Mobilization
- Assistance and training with ambulation range of motion exercise
- Patient transfers
- Strengthening techniques
- Electrotherapy
- Prosthetic training
- Adaptive equipment.

2. Documents care in an accurate and timely manner.

- Communicates regularly with other caregivers regarding case(s) and documents interdisciplinary communication which is entered into the patient's medical record.
- Charts accurately, thoroughly, and legibly, either hand-written or

typed, and meets regulatory agency and/or pay source requirements to include goals, interventions, outcomes, frequency/duration of care, and other required information regarding patient care.

- Submits documentation no later than one business day after each visit.
3. Effectively manages a caseload at least equivalent to the productivity standard established. In the absence of an established standard, caseload size shall be mutually agreed upon.
- Regularly communicating with the scheduler regarding caseload status.
 - Attends meetings such as regular team meetings, in-services, and ad hoc informational or educational meetings.
 - Assures continuity of care by seeing patients regularly and following Agency protocols for transferring visits to other caregivers in the event of vacation, time off, etc.
 - Accepts cases above productivity standard only when able to consistently meet other expectations of quality care and documentation.
 - Cases are generally assigned geographically. Full time caregivers accept all cases in their geographic area unless caseload is full: if caseload is not full, caregiver may be assigned case(s) outside of normal area.

Education:

Graduation from a Physical Therapy Assistant program, accredited by the American Physical Therapy Association, or equivalent program. Current CPR certification required. Must have graduated from a PT assistant program approved by The Commission on Accreditation in Physical Therapy Education and have passed a national examination for PT assistants.

Experience:

At least twelve months of physical therapy assistant experience required. Home health experience preferred.

Requirements:

1. Active Colorado PTA certification
2. If car is used, must provide proof of adequate insurance coverage totaling at least \$300,000 and valid Colorado driver's license.
3. Current CPR certification
4. Current immunization history, after job offer and before starting job.

Skills:

1. Psychomotor skills to provide physical therapy, including daily and repetitive reaching, and use of equipment.

2. Daily standing, squatting, walking, bending, and maneuvering in private homes which are not barrier free.
3. Heavy lifting (greater than 50 pounds) to transfer or turn an adult, with or without assistive devices.

Abilities:

1. Can read and interpret physicians' orders and notes from other caregivers, as well as respond to them, verbally and in writing.

Working Conditions:

1. Work environment is highly variable, as care is performed in private homes, lighting, acoustics, air quality, temperature, and environmental hazards are not predictable.
2. Home visits are made in all weather conditions.
3. This position has been classified as Patient-Facing, a position in which the incumbent could reasonably be expected to routinely interact with patients and/or patient family members. Employees in Patient-Facing positions are exposed to healthcare conditions that may require additional training, immunizations, and use of Personal Protective Equipment (PPE).

This description is intended to describe the essential job functions and the essential requirements for the performance of this job. It is not an exhaustive list of all duties, responsibilities and requirements of a person so classified. Other functions may be assigned and management retains the right to add or change the duties at any time.

I, _____ acknowledge that on this date,
I have received the following job description for my present position.

Signature of Employee: _____

Date: _____