



CTC June Board Meeting

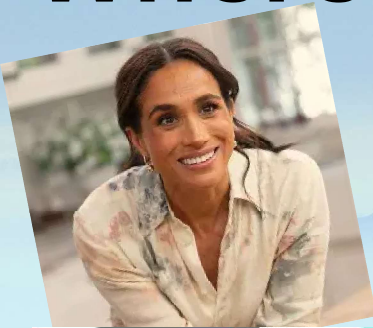
Celebrating Our Past,
Building Our Future

An aerial photograph of a two-lane asphalt road that curves through a dense, lush green forest. Several cars are visible on the road, including a white car in the upper left, a blue car in the lower right, and a white car further down the road. The text is overlaid on the center of the image.

Our CTC Journey

The Last Five Years of Communities That Care

Where we started..



Community Action Plan

Our Vision:
Moffat County Communities That Care will be recognized as the catalyst to bring community leaders together to stimulate positive outcomes for our youth.

Healthy Behavior Goals

- Our community aims to reduce the number of high-risk youth experiencing depressive symptoms.
- Our community aims to reduce the number of high-risk youth using alcohol.

Priority Risk & Protective Factors

- Low Commitment to the Value of School
- Goal: To reduce the number of youth who limited commitment to the value of school.
- Low Perceived Substance Use and Risk
- Goal: To reduce the number of youth who perceive substance use as low risk.
- Low Commitment to the Value of School
- Goal: To increase the number of youth who perceive substance use as low risk.
- Low Commitment to the Value of School
- Goal: To increase the number of youth who perceive substance use as low risk.

Chosen Strategies & Goals

- Support the Youth Learning Program and Partners for Youth's School-Based Learning Program.
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Sustainability & Engagement

- Complete a sign-out card to ensure these involved have the necessary skills, resources, and resources to carry out a successful plan.
- Provide ongoing training and support for the community and partners throughout the plan.
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Why Safe Spaces?

- Safe Community spaces can provide opportunities for prosocial interactions with peers and adults as well as for involvement in prosocial extracurricular activities. These spaces can facilitate safety for youth outside of school hours, allow for expanded offerings of after and out-of-school programming, and decrease social isolation.

Contact: 970-671-7677 Or Email: MoffatCTC@northwestcoloradohealth.org

HEALTHY BEHAVIORS

Clear Standards

Bonding

Individual Characteristics

Risk factors are characteristics at the biological, psychological, family, community, or cultural level that precede and are associated with a higher likelihood of negative outcomes.

Protective factors are characteristics associated with a lower likelihood of negative outcomes or that reduce a risk factor's impact.

Lower protection factors have a direct correlation of increased risk factors in children.

Risk factors

- Childhood temperament
- Low self-esteem
- Negative thinking style
- Family disharmony, instability or lack of support
- Harsh or inconsistent discipline or punishment
- Parent with mental illness or substance abuse
- Peer rejection
- School failure
- Peer connection to school
- Difficult school transition
- Death of family member
- Emotional trauma
- Discrimination
- Isolation
- Socioeconomic disadvantage
- Lack of access to support services

Protective factors

- Child
- Family
- School
- Life events
- Social
- Family harmony and support
- Supportive parenting
- Strong family values
- Positive school experience
- Belonging and participation
- Involvement with school
- Support available
- Participation in community networks
- Access to support services
- Economic security
- Strong culture identity and pride

#DIDYOUKNOW

#CTCMOFFATCOUNTY

THE OVERALL AVERAGE AGE OF ONSET FOR USING ALCOHOL, CIGARETTES, AND MARIJUANA IN MOFFAT COUNTY IS BETWEEN 12.9 AND 14.4 YEARS OLD

CHAMBER MIXER

with

Communities that Care

Thursday, 4.25 | 5-7 pm

The Yampa Building
775 Yampa Ave.

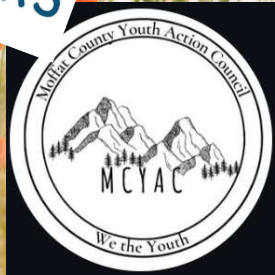
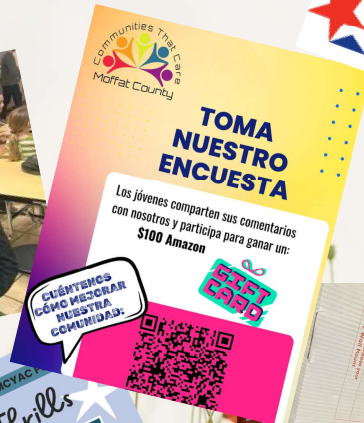
Communities that Care
Moffat County



What We Built Together..



Youth Impact



Community Partnerships



Safe Spaces



Resource Guide



Coalition Growth

Injury & Violence
Prevention Center
colorado school of public health



Coalition Survey Report

Community Organizing for Prevention, December 2025

NWCVNA (Moffat)

Injury & Violence
Prevention Center
colorado school of public health



Coalition Survey Report

Community Organizing for Prevention, July 2024

Northwest Colorado Visiting Nurse Association
(Moffat)

TOP THREE WORKSHEETS

Broadening the Power Base

Strengths

Things to consider:

- What does this snapshot tell us about our coalition's strengths?
- What are we really good at when it comes to this COFP component?

Opportunities

Things to consider:

- Where do we have some room to grow?
- What do we wish we had more of in our coalition?
- What do we think would help us reach our goals?

How can we turn our opportunities into action?

Things to consider:

- Who will be responsible for turning this into action?
- What does accountability look like around turning this into action? What supports do we need to turn this into action?

CTC ---> EPIC Transition

CTC

Prevention Science
Coalition-Driven
Focused on Risk &
Protective Factors

CAP

Quarterly Progress Reports
Sustainability encouraged
One Grant

EPIC

Prevention Science
Coalition- Driven
Focused on Systems Change and
Collective Impact
Strategic Planning
Expanded Evaluation
Sustainability Embedded
Broader Opportunities

EPIC: New Opportunities

Things to Look Forward To:

- ✓ **Strategic planning**
- ✓ **Sustainability planning**
- ✓ **Enhanced evaluation support**
- ✓ **CSU partnership**
- ✓ **Greater focus on collective impact**
- ✓ **Expanded opportunities for youth engagement**
- ✓ **Stronger community-wide collaboration**

KEEP / GROW / DREAM Activity

KEEP

What should we continue doing?

GROW

What has potential and deserves more attention?

DREAM

If resources weren't a barrier, what would you love to see happen in Moffat County?

Thank you!



CTC 2020–2025

**Honoring Our Roots. Building
Our Future.**