

Community Organizing for Prevention March 2026 Quarterly Progress Report

Please refer to your scope of work and reference the COFP components as you complete this progress report. If you have questions on using this form, please contact your CDPHE Coach.

Please send your progress report via email to your CDPHE Coach by the date on your Scope of Work (deadlines are September 30, December 31, March 31, and June 30).

This report documents your progress one 3-month period at a time. A copy will be archived as part of the contract monitoring requirements of the contract, and it will also be shared with our program evaluators at CU Anschutz to assess common successes, challenges, and progress moving toward lasting change in communities that is rooted in deep equity. We will also use this information to reflect on how we can improve our technical assistance and trainings to all grantees.

Submission Requirements & Guidelines:

- *Use Microsoft Word or Google Doc format, Trebuchet, 12-point single-spaced font and 1-inch page margins for report text.*
- *Answer questions using the numbers, headings, and letters provided. Please do not delete any questions and sections.*
- *There is no minimum or maximum page limit.*
- *Spell out acronyms the first time they are used, with the abbreviated version in parentheses after the spelled-out phrase.*

Grantee Geographic Area of Focus

Moffat County

Agency

Northwest Colorado Health Visiting Nurse Association

Phone Number

970-875-4895

E-mail

Shayes@northwestcoloradohealth.org

Names of those contributing to the writing of this report: Heidi Brown, Jordan French, Katrina Willey, Erin Miller, and Sara Hayes

Option A (CTC) Only for this section:

Coalition Mission and Vision

Moffat County Communities That Care will be recognized as the catalyst to bring community leaders together to stimulate positive outcomes for our youth.

Prioritized risk and protective factors

Prioritized prevention strategies and evidence-based programs (dates of decision)

➤ *Risk Factor: Low Commitment to the Value of School*

Risk Factor Outcome Goal: Our community aims to reduce youth with limited commitment to the value of school, as measured by the HKCS from a baseline of 38.8 percent in 2021, to 35.8 percent in 2026. Date Chosen (12/2022)

➤ *Risk Factor: Youth Perceive Substance Use as Low Risk*

Risk Factor Outcome Goal: Our community aims to reduce youth who perceive substance use as low risk, as measured by the HKCS with a baseline of 30.4 percent in 2021, to 27.4 percent in 2026. (Reaffirmed 12/2022)

Prioritized prevention evidence-based programs (with dates prioritized)

If applicable, list your prioritized prevention programs

❖ *Programs to Support: Youth Resiliency Program and Partners for Youth's School-Based Mentoring*

➤ *Program Objective Goal: By August 2026, Partners for Youth's*

school-based mentoring in Moffat County has public support, recognition and resources to operate a sustainable program. (Date prioritized 08/2023)

➤ *Protective Factor: Community Opportunities for Prosocial Involvement & Connection*

Protective Factor Outcome Goal: Our community aims to increase community opportunities for prosocial involvement and connection for youth, as measured by HKCS with a baseline of 59.1 percent in 2021, to 62.1 percent in 2026. (Date Chosen 12/2022)

Prioritized prevention strategies from the Menu of Systems Change Strategies (with dates prioritized)

If applicable, list your prioritized prevention strategies

❖ *Strategy: Create Safe Community Spaces for Youth*

➤ *Strategy Objective Goal: By September 2026, the Moffat CTC coalition will help identify and support safe community spaces for youth.*

❖ *Programs to Support: Partners for Youth's School-Based Mentoring (08/2023)*

❖ *Northwest Colorado Health Youth Resiliency Program (Date prioritized 08/2023)*

All Grantees:

1. Coalition Survey Top 3's
 1. Please submit the [Top 3 priorities](#) (in any format you choose, such as a photo, the form, etc.) selected by the coalition to focus on for ongoing improvement.
2. Momentum: What actions of the coalition over the past three months do you believe will move your work forward the most?

- Developing a clear plan to implement a Positive Community Norming approach to social media efforts, and will use this as a way to disseminate information to the community from our Safe Spaces survey
- The development of a local resource directory for youth and families
- Strengthening our partnership and collaboration with CSU, to help complement our efforts
- CTC provided invaluable support for the Moffat County Youth Action Council's Winter 5th Quarter events through Partners for Youth, which provide prosocial opportunities to middle and high school aged youth in Moffat County. Adult Coalition members volunteered at four events that drew 281 youth total.
- As a coalition of youth serving staff, organizations and community members continue to be a cohort of people that are reliable when Partners for Youth School Based Mentoring Program needs local resources, connections and strategic involvement in decision making processes.
- CTC provided necessary connections and ideas for community outreach and support of program School Based Mentoring program knowledge.

3. Barriers: Over the past three months,

1. What barriers have impacted your work the most?

In the School Based Mentoring Program, we have not had any barriers in implementing our programming. We sought to expand the program by 1 SBM this year and expanded by 2 Mentors, bringing the total to 3 SBMs in the Moffat School District. We are in discussion of future program expansion next year with the school district considering their and our current needs, capacity and funding.

2. What has been successful in addressing those barriers?

We have begun systematically tracking our outreach efforts, including appearances and engagement with the school district, school-related functions, school board meetings, and youth sporting events.

3. What hasn't been successful?

Connection with the school district and maintaining a consistent connection.

4. What resources or additional support do you need from the COFP team to assist you in your work

No significant barriers or setbacks at this time. We recently met with Chelsie Covey at CU Anschutz, our region's Healthy Kids Colorado Survey (HKCS) specialist, who provided valuable insights and guidance. As a result, we feel well-prepared to support the school in addressing any questions or needs related to accepting and administering the next survey cycle in two years.

4. **One of the keys to success with both CTC and the CDC Policy Process Model are moving knowledge, skills, and decision-making into the community more broadly.**
 1. **How have you been successful at building the knowledge and skills of coalition members?**

Over the past three months, I have participated in several professional development opportunities to strengthen my skills and support our coalition's work. These include training on the Social Development Strategy (SDS) with Samantha, which deepened the entire coalition's understanding of implementing evidence-based prevention frameworks; a Cannabis Prevention session, which provided updated strategies and resources for addressing youth substance use; and the 'Get Real' training with Regan, focused on effective communication and engagement with youth on sensitive topics. Each of these opportunities has directly enhanced my capacity to engage with community partners, support youth programming, and bring best practices back to our coalition.

2. **What's been challenging?**

Due to recent budget reductions, our ability to participate in professional development opportunities has been significantly limited compared to previous years. Increased costs associated with conference registration, travel, and lodging have made it difficult to attend highly impactful events such as Technology of Participation (TOPs), National Youth Advocacy and Resiliency(NYAR) Conferences, and other regional prevention-focused summits.

3. **Are you familiar with the [Rocky Mountain Public Health Training Center \(RMPHTC\)](#) and their catalog of [courses/workshops/training](#)?**

1. **If so, how have you utilized RMPHTC?**

I, the mobilizer, did all three Community Engagement Webinars, exploring real impact, community engagement and reframing sustainability.

2. **If not, how might you start utilizing RMPHTC?**

I have several more trainings planned and will continue to use this tool for ongoing support and development.

4. **Did you receive TA from Kit, Eric, Jenna, or Allyson?**

1. **If so, what was most helpful and/or how could the TA be improved?**

Yes! I, the mobilizer, have met with Kit several times to focus on systems change and evaluation. I also plan to meet with Jenna to discuss youth engagement strategies and ensure that we maintain a

strong pipeline for youth voices to be represented at the table. It's very easy to request time with a TA, and I appreciate how simple the form is to complete. Kit also does an excellent job sending email reminders for scheduling and sharing a wealth of helpful resources and upcoming collaborative opportunities.

5. **In light of Executive Orders from the Federal Government, please describe your progress in implementing an ongoing equity impact assessment throughout your work. Also, please share which equity impact assessment framework(s) you are choosing to use. *CDPHE shared about 4 different examples and you may have found one of your own that makes more sense for your work. We'd love to learn from you.***

We have made progress in implementing an ongoing equity impact approach across our programming. For example, updating youth event flyers in both English and Spanish has significantly increased participation among Spanish-speaking youth, who are also bringing friends to events.

Additionally, we hosted an LGBTQ+ training with Queer Futures, providing youth with inclusive education and supporting LGBTQ+ awareness. The community has also expanded opportunities for parents to participate in trainings on topics such as LGBTQ+ terminology and alcohol prevention.

Our Youth Resiliency programming continues to address individual risk factors by providing targeted educational training and one-on-one support, ensuring that our interventions are culturally responsive and accessible to all youth.

We are currently using a community-centered equity impact framework that guides the integration of inclusive practices across our events, programming, and educational outreach.

6. **In light of Executive Orders from the Federal Government, what changes or shifts have you noticed in the work of your coalition with your efforts around equity? Please consider the impact that may have shown up in, but isn't limited to, the following areas: decision-making, coalition functioning, backbone support, community engagement, recruitment, etc.**

Decision-Making: We are creating more intentional space for diverse voices, particularly when we see underrepresentation. These moments are used as mini brainstorming sessions to understand barriers, improve outreach and communication, and make our processes more inclusive.

Coalition Functioning/Backbone Support: Our team continues to prioritize best practices for equity across all operations, ensuring that planning, meeting structures, and decision-making processes reflect these principles.

Community Engagement: Based on our youth attendance data, we are reaching a more diverse group of young people. Participation has grown from 5-9 youth regularly attending the meetings to 20-30, demonstrating increased investment in our coalition's work and priorities.

Recruitment: We are proactively engaging with local organizations, such as Integrated Communities, to connect with populations in culturally responsive ways. Our focus is on relationship-building first, listening to community needs, and then introducing our agenda to ensure relevance and inclusivity.

Overall, these shifts reflect a coalition-wide commitment to equity, allowing us to expand participation, improve representation, and strengthen community trust.

7. Please describe successes, barriers, and setbacks in implementing your sustainability plan.

The coalition has experienced some delays in advancing our sustainability plan due to competing priorities, including the completion of current projects and seasonal transitions such as the end of the school year and youth council programming. As a result, dedicated time for sustainability planning and implementation has been limited. Despite these challenges, we have identified this as a priority moving forward. The coalition plans to engage in focused discussions in upcoming board meetings to build a shared understanding of sustainability and determine next steps. This includes identifying whether sustainability efforts will be integrated into existing meetings or supported through a dedicated subgroup. We anticipate establishing clear goals, timelines, and action steps to bring our sustainability plan up to date in the near term.