

Communities Organizing for Prevention Quarterly Progress Report

Please refer to your scope of work and reference the COFP components as you complete this progress report. If you have questions on using this form, please contact your CDPHE Coach.

Please send your progress report via email to your CDPHE Coach by the date on your Scope of Work (deadlines are September 30, December 31, March 31, and June 30).

This report documents your progress one 3-month period at a time. A copy will be archived as part of the contract monitoring requirements of the contract, and it will also be shared with our program evaluators at CU Anschutz to assess common successes, challenges, and progress moving toward lasting change in communities that is rooted in deep equity. We will also use this information to reflect on how we can improve our technical assistance and trainings to all grantees.

Submission Requirements & Guidelines:

- *Use Microsoft Word or Google Doc format, Trebuchet, 12-point single-spaced font and 1-inch page margins for report text.*
- *Answer questions using the numbers, headings, and letters provided. Please do not delete any questions and sections.*
- *There is no minimum or maximum page limit.*
- *Spell out acronyms the first time they are used, with the abbreviated version in parentheses after the spelled-out phrase.*
- *Include requested attachments:*
- *Option A - CTC communities will attach all 5 Phases of the Milestones and Guiding Questions in pdf form.*
- *Option A & B - will submit a Community Action Plan.*

Grantee Geographic Area of Focus

Moffat County

Agency

Northwest Colorado Health Visiting Nurse Association

Phone Number

970-875-4895

E-mail

shayes@northwestcoloradohealth.org

Names of those contributing to the writing of this report: Katrina Willey, Kathy Bockelman, Erin Miller, Jennifer Earls, Mackenzie Mixon, and Sara Hayes.

Option A - CTC Grantees Only:

Coalition Mission and Vision

Moffat County Communities That Care will be recognized as the catalyst to bring community leaders together to stimulate positive outcomes for our youth.

Prioritized risk and protective factors

Prioritized prevention strategies and evidence-based programs (dates of decision)

➤ *Risk Factor: Low Commitment to the Value of School*

Risk Factor Outcome Goal: Our community aims to reduce youth with limited commitment to the value of school, as measured by the HKCS from a baseline of 38.8 percent in 2021, to 35.8 percent in 2026. Date Chosen (12/2022)

➤ *Risk Factor: Youth Perceive Substance Use as Low Risk*

Risk Factor Outcome Goal: Our community aims to reduce youth who perceive substance use as low risk, as measured by the HKCS with a baseline of 30.4 percent in 2021, to 27.4 percent in 2026. (Reaffirmed 12/2022)

Prioritized prevention evidence-based programs (with dates prioritized)

If applicable, list your prioritized prevention programs

❖ *Programs to Support: Youth Resiliency Program and Partners for Youth's School-Based Mentoring*

➤ *Program Objective Goal: By August 2026, Partners for Youth's school-based mentoring in Moffat County has public support, recognition and resources to operate a sustainable program. (Date prioritized 08/2023)*

➤ *Protective Factor: Community Opportunities for Prosocial Involvement & Connection*

Protective Factor Outcome Goal: Our community aims to increase community

opportunities for prosocial involvement and connection for youth, as measured by HKCS with a baseline of 59.1 percent in 2021, to 62.1 percent in 2026. (Date Chosen 12/2022)

If applicable, list your prioritized prevention strategies

❖ *Strategy: Create Safe Community Spaces for Youth*

➤ *Strategy Objective Goal: By September 2026, the Moffat CTC coalition will help identify and support safe community spaces for youth.*

❖ *Programs to Support: Partners for Youth's School-Based Mentoring (08/2023)*

❖ *Northwest Colorado Health Youth Resiliency Program (Date prioritized 08/2023)*

All Grantees:

1. **Communicating Impact:** What would you like people to know about the work you have done in your community with COFP funds over the past five years?
Over the past five years, COFP funding has allowed our coalition to strengthen prevention efforts by building meaningful partnerships, increasing community engagement, and creating sustainable systems that will continue long after this grant ends. Together, we have expanded youth engagement opportunities, increased coalition participation and shared decision-making, implemented community-driven prevention strategies, and used local data to guide our work.

Some of our proudest accomplishments include conducting a Safe Spaces initiative that elevated youth voices and informed community partners, providing two mini-grant opportunities that invested more than \$45,000 into youth-serving organizations across the region, developing a comprehensive Moffat County Resource Guide to improve access to local services, and strengthening collaboration across agencies. Throughout this grant, we have remained committed to listening first, building trust, and ensuring community members help shape the solutions that affect them. Most importantly, this

work has helped create a stronger foundation for prevention in Moffat County. The relationships, leadership capacity, and collaborative culture developed through COFP funding will continue to support our transition into the next phase of prevention work through the EPIC grant.

2. What would you like people to know about the challenges and lessons learned in this work over the past five years?

One of the greatest lessons we have learned is that meaningful prevention work takes time and is built on relationships. As a rural and frontier community, collaboration requires patience, flexibility, and a willingness to meet people where they are. Progress is often measured through trust, partnership, and incremental systems change rather than immediate outcomes.

Like many coalitions, we experienced challenges, including changes in funding, staff transitions, balancing competing priorities among partner organizations, and engaging sectors that require long-term relationship building. The 41% reduction in funding during the final year of the grant also required us to rethink priorities and adapt our work while maintaining momentum.

These experiences reinforced the importance of being responsive to community needs, remaining flexible, and continuously seeking community input. They also highlighted the value of investing in coalition members through training, technical assistance, and leadership development. As we transition into the EPIC grant, we are better equipped with stronger partnerships, improved processes, and a clearer understanding of how to create lasting, community-driven change.

Ultimately, the legacy of our work through the COFP grant is a community that is more connected, more collaborative, and better equipped to address prevention challenges together.

3. **Community Action Plan (CAP):** Please attach your CAP with this progress report. If your CAP is a website, please provide the link below.

As part of our June Board Meeting, I facilitated a presentation for coalition and board members to build knowledge and strengthen our shared understanding of prevention concepts relevant to our current and future coalition work. Attached are the presentation slides, facilitator notes, and a recording of the presentation. Together, these materials document the training provided and serve as resources for continued learning and future reference.

<https://canva.link/3dmqxje0o5mfa2a>

 CTC June Board Meeting Facilitator Notes.docx

[Photo - iCloud Link - iCloud Photos](#)

Option A - CTC Grantees Only:

4. **Milestones and Guiding Questions:** Please complete the document to reflect the year of progress as best you can by quarters. Be sure to include any milestones that you addressed this past year. Please attach your Milestones and Guiding Questions (in a pdf form, if possible) using this updated [template](#) for the work during July 1, 2024-June 30, 2025. (Your specific template may already be linked in your Coaching Call Notes.)

[\[NWCOVNA Moffat\] FY26 CTC Milestones and Guiding Questions - Google Sheets](#)