

Northwest Colorado Health
Youth Resiliency Specialist

General Statement of Duties:

The Youth Resiliency Specialist (YRS) provides and ensures high quality trauma informed service delivery in all aspects of youth care through program implementation, coordination with youth-serving agencies/education, and parent/caregiver education. The YRS will build intentional relationships with youth, engage them in a variety of programming and work through their stages of change in order to drive toward long-term positive outcomes.

Supervision Received:

Works under supervision of the Youth Resiliency

Supervision Exercised:

None

Essential Functions:

- Understand, practice, and promote the vision, mission and principles of Youth Resiliency Program.
- Be present in young people's lives, especially through times of relapse and crisis.
- Engage youth in appropriate youth resiliency skill development.
- Engage youth in positive, skill-building activities that promote wellness, strengthen culture and prevent suicide, tobacco and other substance use.
- Work with team to plan and implement engagement activities
- Maintain a positive and professional working relationship with the general public, including schools districts and families of the youth served.
- Maintain a high level of ethical standards in accordance with licensure and state requirements.
- Understand and comply with all Agency policies and procedures; including Child Protection Policies.
- Understand and comply with all principles of Youth Resiliency Curriculum as directed by the Youth Resiliency Program Manager.
- Utilize Motivational Interviewing in conversations with youth. • Demonstrate an enthusiastic commitment to the job and the Agency
- Commit to engage in personal and professional growth and competence development to increase capacity to serve youth every day.
- Keep supervisor fully informed at all times.

- Familiarity with community resources, schools and social services agencies
- Maintain data base through data entry of all work with participants on a daily/weekly basis, completion of assessments and all other tools as required for evaluation purposes.
- Provide group programming for youth
- Document in youth files or as dictated by program need
- Working with the Supervisor, create group programming for youth
- As directed by Supervisor, establish and maintain contact with community agencies who may provide group programming.
- Participates in team and staff meetings as directed by Supervisor
- Participate in staff trainings and development

This description of essential functions is intended to provide only basic guidelines for meeting each responsibility. Additional responsibilities may be added, as appropriate.

Education: Bachelors in social work, psychology, teaching, or other related Human Services field.

Experience: Facilitating groups and teaching experience preferred.

Requirements:

1. If car is used, must provide proof of adequate insurance coverage totaling at least \$300,000 and valid Colorado driver's license.

Skills:

1. Group Facilitation, Evidence Based Practice

Knowledge:

1. Knowledge of timelines, development and program design.
2. Thorough understanding of fundraising and grant writing.
3. Staff management, public relations and communication principles and practices.
4. Knowledge of construction and architecture.
5. Group facilitation skills
6. Evidence based practices
7. Trauma Informed Care Best Practices

Abilities:

1. Ability to effectively communicate both verbally and in writing.
2. Provides a positive approach to discerning opportunities for improvement or change, taking advantage of the situations, and functioning as a change agent.
3. Facilitation and individual practice techniques

Equipment:

1. Daily use of telephone, copier, computer and other office equipment.

Working Conditions:

1. Work environment is highly variable. Lighting, acoustics, air quality, temperature, and environmental hazards are not predictable.

This description is intended to describe the essential job functions and the essential requirements for the performance of this job. It is not an exhaustive list of all duties, responsibilities and requirements of a person so classified. Other functions may be assigned and management retains the right to add or change the duties at any time.

I, _____ acknowledge that on this date,
(Print Name)

I have received the following job description for my present position.

Signature of Employee: _____

Date: _____